Egosystem 11 May Day Alert Mode May Day Alert Mode **Unconscious Goal** Driving Idea **Unconscious Goal** Driving Idea They will xyz to me!" Conclusions **And Today** of the past **Ego Fantasy** What do I suffer "I suffered because from? What am I others..." threatened by? What did my parent/ Growing up, what was Growing up, what gave grd-parent/... suffered painful/was threatening? me: from/where threatened What did I suffer from? Power, by? Attention, Significant events Acknowledgment 7 13 12 Defensive Side: Costs to Offensive Side: Costs to Costs to context me, others and relationme, others and relationships ships