1a	2	3	4	5	6a
Event					Costs
	Wants / Don't Wants	Anxieties	Counter Productive Reactions	Benefits	For Me
1b					6b
Conclusions / Emotions		 			For Others
1a	2	3	4	5	6a
	' 	· 			
1b	1 1 1 1 1	 	 		6b
1a	2	3	4	5	6a
	1 1 1 1				
	1 1 1 1 1	 			 
1b		 			6b
		1 1 1	1 1 1		