Pinch Sorting



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. Activating STIMULUS	1 B. Beliefs & THOUGHTS	2 C1. Consequent EMO	TIONS 3 C2. Consequent ACT	IONS 4 D. Damage & RIPPLE E	FFECT
Delta between A & -1	7 -1. Ego Threats / Drivers	6 -2. Reframe	8 -3. Purpose / ATS Go	oal 9 -4. Potential Actions	
			So		
	"5%?"		What?		

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A. Activating STIMULUS	1	B. Beliefs & THOUGHTS	2	C1. Consequent EMOTIONS 3	C2. Consequent ACTIONS	4	D. Damage & RIPPLE EFFECTS 5
$\Delta$ . Delta between A & -1	7	-1. Ego Threats / Drivers	6	-2. Reframe 8	-3. Purpose / ATS Goal	9	-4. Potential Actions 10
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