Going Forward



Do not use the tools to analyze others

The point is not to explain to people how they are in a Diversion and should sort their pinch



- Especially if you are in a position of authority/power
 - people's experience is usually that you are "weaponizing" the tools to be right or deflect looking at your part
- How would you feel on the receiving end?
 - It's only supportive in very specific situations



Instead lead by practicing

- Lead by sharing vulnerably but with excitement your progress and challenges in working on your UTM, Diversions, Learning Frontier
- This will create a safe context for others to do the same
- This is true at home as well!

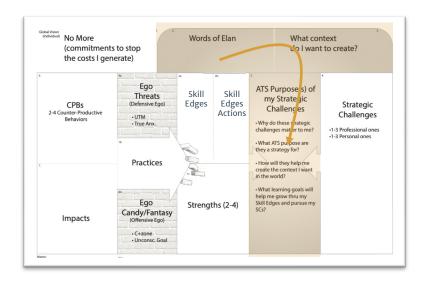




You have it all in one place... Check your chart periodically



1. Remind yourself of what you want to create, of your Elan/Purpose (6, 7, 9)

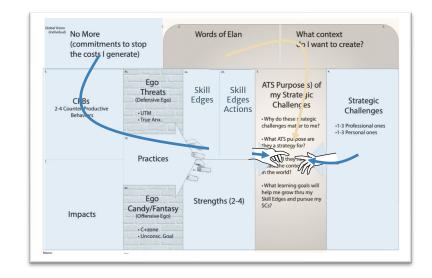




You have it all in one place... Check your chart periodically



- 1. Remind yourself of what you want to create, or your Elan/Purpose (6, 7, 9)
- 2. Remind yourself of how being on a learning path (1 to 5, 11) will help —or is necessary— to accomplish your priorities and Strategic Challenges (8)



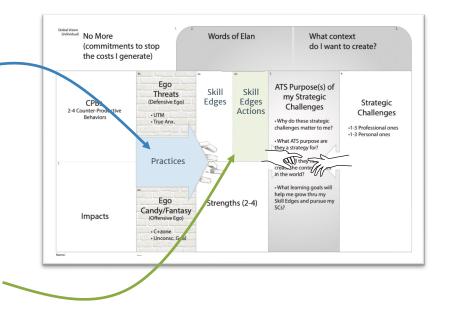






3. Check on (and evolve) your Practices (11)

4. Check that you are making progress on your Skill Edge actions (2b) and reflect on potential next ones







1. Pinch sorting



- Creating a safe space
- 2. TIRP
- Recenter yourself instead of being managed by your fears
- If you share it, allow others to do the same
- Engage more effectively

- 3. ABC Check
- Bridge the gaps in my understanding
- Use a practice that invites collaboration and learning (vs. judging and disconnection)



Instead of avoiding the discomfort

Reconnect with my ATS Purpose and lean on the structure

4. UTM liberating practice

- a. Strategic Focus Review (identify important challenging C-)
- b. Plan Power Hours in my calendar for some of my important C-



Instead of avoiding the discomfort

Seek out and embrace the sensation of incompetence/struggle.

It's exciting, it's your learning edge!



Be vulnerable with your coach

- Working on what is uncomfortable will create the most change.
- Are there any topics you have shied away from bringing up in coaching?
- Keep track of places where you are struggling, feeling At the Mercy, of pinches to bring to your coach – it's a safe space to unpack them!

